



## Course Content

You will:

- > Be given a brief introduction to define Reflective Functioning.
- > Be introduced to the RF form - a table on which you will keep a record of all the RF scores related to each Adult Attachment Interview.
- > Be shown step by step how to fill in the RF form.
- > Go through the manual to highlight using examples all the categories of RF statements.
- > Practice discriminating 'moderate to high' RF statements versus 'negative to limited' RF statements.
- > Learn how to assign the correct RF score to statements within the categories - 'moderate to high' and 'negative to limited' ("Giving a single score")
- > Learn how to code a complete Adult Attachment Interview, showing in a practical way what to underline in the text of the interview and what to report on the RF form.
- > Learn how to assign the correct RF score to the whole interview ("Giving an overall score")
- > Be given homework on the first day of the training course which must be completed overnight and which will form the basis of discussion on the third day.
- > Receive a certificate of attendance at the end of the course.