



## **PDI RF Course Programme**

Trainer: Michelle Slead

### **Day 1**

|                    |  |
|--------------------|--|
| <b>9.00-11.00</b>  | Introduction to Reflective Functioning                                 |
| <b>11.00-11.30</b> | Coffee Break   |
| <b>11.30-1.00</b>  | The Parent Development Interview<br>Coding system and demand questions |
| <b>1.00-2.00</b>   | Lunch  |
| <b>2.00-3.30</b>   | RF Types   |
| <b>3.30-4.00</b>   | Coffee Break   |
| <b>4.00-5.00</b>   | RF levels  |

### **Day 2**

|                    |  |
|--------------------|--|
| <b>9.00-11.00</b>  | Giving a single score<br>Giving an overall score |
| <b>11.00-11.30</b> | Coffee Break                                     |
| <b>11.30-1.00</b>  | Scoring a PDI step by step                       |
| <b>1.00-2.00</b>   | Lunch  |
| <b>2.00-3.30</b>   | Scoring a PDI continued                          |
| <b>3.30-4.00</b>   | Coffee Break                                     |
| <b>4.00-5.00</b>   | Scoring a PDI continued                          |

***\*NB\*** Homework must be completed overnight and will form the basis of discussion on the next day*

## RF Course Programme

### Day 3

|                    |                              |
|--------------------|------------------------------|
| <b>9.00-11.00</b>  | Feedback on homework         |
| <b>11.00-11.30</b> | Coffee Break                 |
| <b>11.30-1.00</b>  | Scoring a PDI                |
| <b>1.00-2.00</b>   | Lunch                        |
| <b>2.00-3.30</b>   | Feedback on previous session |
| <b>3.30-4.00</b>   | Coffee Break                 |
| <b>4.00-5.00</b>   | Reliability Test             |